Thesis Statement

The ideal body image of female, involved with gender attitudes, was redefined by the emerging concept of feminist issues in the western countries during the 20th century, and it has been dramatically changed as fashion begins to play a key role in individuals’ daily life.

Annotated Bibliography

Grogan, Sarah. *Body Image: Understanding Body Dissatisfaction in Men, Women and Children.* London: Taylor & Francis Group, 2016.

In this book, the author readily conducts a research on the body image of both men and women throughout the history. Fundamentally, she explains the relationship between the body image of women and different gender attitudes and ideologies common in the society today. In other words, this book deals with the current issues that are still in existence. Being published in 2016, it appears as an advantage. On the same note, the author had previously published other books on the same topic that received world recognition. She is known to be thorough in her research, with a well-analyzed content. Thus, it is no doubt that the content in this book is reliable. Apparently, it will be useful in understanding the bodies of people and how the stereotypes are developed. The source is primarily based on the historical background of primary perceptions and experiences of body image of men and women.

Holland, Kate, R. Warwick Blood, Samantha L. Thomas, and Sophie Lewis. "Challenging stereotypes and legitimating fat: An analysis of obese people’s views on news media reporting guidelines and promoting body diversity." *Journal of Sociology* 51, no. 2 (2015): 431-445. doi: 10.1177/1440783313480395.

The article in this journal deals with the different stereotypes that legitimize stereotypes. At the beginning of the article, the authors explain, how a situation that affects an individual can influence stereotypes. In this regard, the article points out that one sees what they want to see and not what is there. Typically, I found this source useful in determining the causes of stereotypes in women bodies. Different people may view the shape of a woman differently, but the article explains why there are different views. The only weakness of the article is that it mainly deals will matters of obesity, but in the end, few points can be borrowed to explain stereotypes concepts in fashion and how it relates to women. This article is relevant for the research because the journal of sociology is known to provide articles that are well thought and research. It has a reputation to maintain while still educating people. The source is based on an academic study on the conception of obesity and the challenging stereotypes on how the public comprehend the body image of men and women differently.

Kågesten A, Gibbs S, Blum RW, Moreau C, Chandra-Mouli V, Herbert A, et al. "Understanding factors that shape gender attitudes in early adolescence globally: A mixed-methods systematic review." *PloS ONE* 11, no. 6 (2016): e0157805. doi: 10.1371/journal.pone.0157805.

In this article, Various authors clearly demonstrate how younger people from different cultures commonly endorse certain norms that can shape their gender attitudes, which means there are multiple factors that have shaped gender attitudes from the early stages of life. Apparently, these authors declare that the parents who treat their children differently depending on their gender influence their norms and stereotypes. As a matter of fact, Kagesten, a renowned author in matters of gender, led the research, which makes it a reliable source since he has received numerous honors on the same topic that claims a clear proof of his expertise. From my perspective, view of body image of females has challenged the gender stereotypes ranging from fashion, which makes this article useful in answering the research question. The source is based on an academic research on young adolescents’ construction of their gender identity and attitudes and it is conducted by various researchers through data collection and analysis.

Bibliography

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