**Personality Test**

Taken from Florence Littauer’s Personality Plus: How to Understand Others by

Understanding Yourself

Directions – In each of the following rows of four words across, place an **X** in front of the

one word that most often applies to you. Continue through all forty lines; be sure each

number is marked.

**Strengths**

1 \_\_\_ Animated \_\_\_ Adventurous \_\_\_\_ Analytical \_\_\_\_ Adaptable

2 \_\_\_ Playful \_\_\_ Persuasive \_\_\_\_ Persistent \_\_\_\_ Peaceful

3 \_\_\_ Sociable \_\_\_ Self-Strong-willed \_\_\_\_ Self-sacrificing \_\_\_\_ Submissive

4 \_\_\_ Convincing \_\_\_ Competitive \_\_\_\_ Considerate \_\_\_\_ Controlled

5 \_\_\_ Refreshing \_\_\_ Resourceful \_\_\_\_ Respectful \_\_\_\_ Reserved

6 \_\_\_ Spirited \_\_\_ Self-reliant \_\_\_\_ Sensitive \_\_\_\_ Satisfied

7 \_\_\_ Promoter \_\_\_ Positive \_\_\_\_ Planner \_\_\_\_ Patient

8 \_\_\_ Spontaneous \_\_\_ Sure \_\_\_\_ Scheduled \_\_\_\_ Shy

9 \_\_\_ Optimistic \_\_\_ Outspoken \_\_\_\_ Orderly \_\_\_\_ Obliging

10\_\_\_ Funny \_\_\_ Forceful \_\_\_\_ Faithful \_\_\_\_ Friendly

11\_\_\_ Delightful \_\_\_ Daring \_\_\_\_ Detailed \_\_\_\_ Diplomatic

12\_\_\_ Cheerful \_\_\_ Confident \_\_\_\_ Cultured \_\_\_\_Consistent

13\_\_\_ Inspiring \_\_\_ Independent \_\_\_\_ Idealistic \_\_\_\_ Inoffensive

14\_\_\_ Demonstrative \_\_\_ Decisive \_\_\_\_ Deep \_\_\_\_ Dry Humor

15\_\_\_ Mixes easily \_\_\_ Mover \_\_\_\_ Musical \_\_\_\_ Mediator

16\_\_\_ Talker \_\_\_ Tenacious \_\_\_\_ Thoughtful \_\_\_\_ Tolerant

17\_\_\_ Lively \_\_\_ Leader \_\_\_\_ Loyal \_\_\_\_ Listener

18\_\_\_ Cute \_\_\_ Chief \_\_\_\_ Chartmaker \_\_\_\_ Contented

19\_\_\_ Popular \_\_\_ Productive \_\_\_\_ Perfectionist \_\_\_\_ Pleasant

20\_\_\_ Bouncy \_\_\_ Bold \_\_\_\_ Behaved \_\_\_\_ Balanced

**Totals-Strengths**

\_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_

**Weaknesses**

21\_\_\_ Brassy \_\_\_ Bossy \_\_\_\_ Bashful \_\_\_\_ Blank

22\_\_\_ Undisciplined \_\_\_ Unsympathetic \_\_\_\_ Unforgiving \_\_\_\_ Unenthusiastic

23\_\_\_ Repetitious \_\_\_ Resistant \_\_\_\_ Resentful \_\_\_\_ Reticent

24\_\_\_ Forgetful \_\_\_ Frank \_\_\_\_ Fussy \_\_\_\_ Fearful

25\_\_\_ Interrupts \_\_\_ Impatient \_\_\_\_ Insecure \_\_\_\_ Indecisive

26\_\_\_ Unpredictable \_\_\_ Unaffectionate \_\_\_\_ Unpopular \_\_\_\_ Uninvolved

27\_\_\_ Haphazard \_\_\_ Headstrong \_\_\_\_ Hard to Please \_\_\_\_ Hesitant

28\_\_\_ Permissive \_\_\_ Proud \_\_\_\_ Pessimistic \_\_\_\_ Plain

29\_\_\_ Angered easily \_\_\_ Argumentative \_\_\_\_ Alienated \_\_\_\_ Aimless

30\_\_\_ Naïve \_\_\_ Nervy \_\_\_\_ Negative Attitude \_\_\_\_ Nonchalant

31\_\_\_ Wants credit \_\_\_ Workaholic \_\_\_\_ Withdrawn \_\_\_\_ Worrier

32\_\_\_ Talkative \_\_\_ Tactless \_\_\_\_ Too sensitive \_\_\_\_ Timid

33\_\_\_ Disorganized \_\_\_ Domineering \_\_\_\_ Depressed \_\_\_\_ Doubtful

34\_\_\_ Inconsistent \_\_\_ Intolerant \_\_\_\_ Introvert \_\_\_\_ Indifferent

35\_\_\_ Messy \_\_\_ Manipulative \_\_\_\_ Moody \_\_\_\_ Mumbles

36\_\_\_ Show-off \_\_\_ Stubborn \_\_\_\_ Skeptical \_\_\_\_ Slow

37\_\_\_ Loud \_\_\_ Lord over others \_\_\_\_ Loner \_\_\_\_ Lazy

38\_\_\_ Scatterbrained \_\_\_ Short-tempered \_\_\_\_ Suspicious \_\_\_\_ Sluggish

39\_\_\_ Restless \_\_\_ Rash \_\_\_\_ Revengeful \_\_\_\_ Reluctant

40\_\_\_ Changeable \_\_\_ Crafty \_\_\_\_ Critical \_\_\_\_ Compromising

**Totals-Weaknesses**

\_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_

**Combined Totals**

\_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_ \_\_\_\_\_

Once you’ve added up your total number of answers in each of the four columns, and added your totals from both the strengths and weaknesses sections together, you’ll know your dominant personality type (and least dominant type). You’ll also know what combination you are.

**Popular Sanguine (otter) Powerful Choleric (lion) Perfect Melancholy (beaver) Peaceful Phlegmatic (golden retriever)**