**Assignment Overview**

Type: Discussion Board

Unit:  Substance Abuse Group Counseling

Due Date Fri, 11/4/16

Grading Type: Numeric

Points Possible:  100

Points Earned:  [0](https://classroom.coloradotech.edu/3/6#/class/103134/gradebook/assignment/717075)

Deliverable Length:  500-600 words

View objectives for this assignment

**Go To:**

**Assignment Details**

At the community mental health center several Borderline Personality Disordered (BPD) clients have been utilizing the crisis unit with increasing frequency. They have been doing self-mutilating activities but are not suicidal; instead using it to get attention. You need to intervene to reduce the use of those services. The goal is to reduce costs of crisis intervention services for 7 clients in the center. The director is unsure of which type of group therapy should be used in this situation and wants your suggestions.

* What type of group would you create and why?
* Include examples of issues that would be addressed in this group and strategies that would be used in working with this type of group.
* How would the group be beneficial to these clients and why?

When responding to other postings pick a different position than the person you are engaging in the discussion.

State 2 reasons you might agree and 2 reasons you might not agree with their recommended group or strategies.