College Health Fair Topics

Please identify the **five items** below **in which you are least interested** in learning more about at a health fair which is being planned for Towson students.

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| Dealing with grief or loss while at college | Alcohol use-related to academic success | Asthma and or allergies | Sexually transmitted infections-- prevention/testing  | Eating healthy while at college  | Prevention illness (cold, flu, sinus infections, etc)  |
| Dealing with and preventing anxiety or panic | Tobacco, vaping, hookah-keeping healthy | Back pain, preventing it and treating it | Safer Sex Practices  | Staying fit while at college | Importance of immunizations |
| Suicide prevention. | Other drugs-avoiding drug use/preventing academic issues  | Physical disabilities and college success | UTI and other sexual health issues | Texting and driving | Dealing with chronic disease at college (diabetes, cancer, etc)  |
| Sleep issues-preventing them and dealing with them | Driving under the influence of any drug (including alcohol) | Broken bones, sprains, strains prevention and treatment  | Relationships (family, peer, social, work, intimate) and school success | Skateboarding safety | Use of sunscreen and other skin issues |
| Depression-recognizing it, treating it, preventing it  | Prescription and/or non-prescription drug misuse or addiction  | Safety on and off campus  | Contraceptives | Helmet use and bikes | Breast self-exams, testicular self-exams and cancer  |
| Stress Management | Time Management  | Dealing with violence and preventing it | Violence in relationships  |  |  |
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