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Steps to Be Kinder

I believe that rudeness or meanness is a serious issue. For a person like me who likes to go out a lot and meet new people would not like facing this issue. I’ve met some rude people and it was a bad experience. For example, before school started this morning I went with my friends to six flags, we were six people but I only knew three of them as close friends. As I said before that I like to make friends and get to know more people so I was talking to them and trying to open a conversation with one of them. He seemed like he didn’t want to talk to me, he wasn’t interested, he was on his phone as I was talking to him. I got mad and it bothered me because it’s such a rude action to do to someone you don’t know while he was being just nice to you. Then, I asked my other friend since he knew him better that why is he ignoring me? He told me that it’s just his personality. I thought that this is not an excuse, because everyone has to be nice, especially to people who are nice to you. In these days, I think there are more rude people than before which affects the society negatively. Therefore, in order to help those who don’t know how to improve their attitudes and be less rude there some tips to follow.

First of all, don’t let your own problems and bad experiences play a role in terms of dealing with people. Some people are just rude because they are not satisfied with their lives and the experiences they had. However, everyone has to go through these stuffs and fix them as soon as possible to be a kinder person. Also, believe that there are millions of people who doesn’t deserve to be treated rudely. So, do it for those who deserve you being kind.

Secondly, be more positive about being kind to people and see the good side of it. For example, if you were talking to a waitress in a rude way like they were just working for you for free, you don’t know how would they do to your food before serving it to you. So, if you think about it for a moment you will simply realize that people will treat you the same way you treat them. So, there is no reason for you to be rude or mean. However, it’s a good reason for you to be kind.

Finally, stick to people who are nice and kind. It’s a very important tip as you are a human being that get affect by people around you. As an example, you will start acting kindly when you hang out with a nice friend, people are easily affected other people. so

To sum up, there are over seven billion people on this earth, you will never know who is mean or rude and who is kind, so just suppose that everyone is kind and start acting based on this fact. It’s always good to you and your health to be calm, positive and kind. Rudeness and meanness will not lead to anything.