The Academic Research Essay Annotated Bibliography

Dietz, Matthew W. “Assistance Animals in Foster Care.” *Florida Bar Journal*, vol. 91, no. 8, Sept. 2017, pp. 40–43. *EBSCOhost*, dcccd.idm.oclc.org/login?url=http://search.ebscohost.com.dcccd.idm.oclc.org/login.aspx?direct=true&db=a9h&AN=124880504&site=ehost-live.

Summary(3-4 sentences): In the article, Matthew Dietz explains how the animals can be friend to children in the foster care and serve as the emotional support for them (Dietz 40). Children ,especially who are from broken family and live in foster care, often feel isolated, nervous and depressed (Dietz 40). Companion animals are the common sense method to help those children feel stability and connected with social relationships (Dietz 42)

Analysis(3-4 sentences): This information can help support my third reason: pet can be a loyal friend of children and help children grow up with the stable mental health.. Mathew Dietz mentions the advantage of companion animals to children’s emotions in foster care who are from broken family (Dietz 42) They support for children’s emotion and mental health, help them to get rid of depression and provide a stable life for them (Dietz 44).

Jones, Melanie G., et al. “Incorporating Animal-Assisted Therapy in Mental Health Treatments for Adolescents: A Systematic Review of Canine Assisted Psychotherapy.” *PLoS ONE*, vol. 14, no. 1, Jan. 2019, pp. 1–27. *EBSCOhost*, doi:10.1371/journal.pone.0210761.

Summary(3-4 sentences): In this article, the author and her colleagues mentions about the advantage of animal assistant in therapy of some mental health problems in adolescents (Jones et al. 1). They operate seven studies with different formats, settings, locations to demonstrate the role of canine in mental therapies. (Jones et al. 5). The result shows that there are many positive impact on the development of the therapy and canine actually contribute a lot of benefits in treatments of traumatic stress disorder, anxiety, anger etc. (Jones et al. 17)

Analysis(3-4 sentences): This article helps me to build up my first reason: companion animal can help human in mental health treatments. Chemical or physical treatments can help people reduce their disease symptoms; however, people with mental problems can get worse if they get unsuitable treatments (Jones et al 2). Melanie Jones shows that animal assisted therapy can provide not only positive treatments with many additional benefits when patient and animals corporate to overcome the disease (Jones et al. 1)

Taniguchi, Yu, et al. “Physical, Social, and Psychological Characteristics of Community-Dwelling Elderly Japanese Dog and Cat Owners.” *PLoS ONE*, vol. 13, no. 11, Nov. 2018, pp. 1–11. *EBSCOhost*, doi:10.1371/journal.pone.0206399.

Summary(3-4 sentences): The article states that the animal ownership can help elderly to improve not only emotions and physical activities but also social relationships to the neighbors (Taniguchi 2). Older dog or cat owner can maintain their social functions, motor fitness and better interactions with neighborhoods while working with pets (Taniguchi 7). This can help to decrease the chance of secret disease in older people (Taniguchi 7).

Analysis(3-4 sentences): The source can provide the support for my second reason: Companion animal can be a powerful assistant for older or disabled people with their physical and social issues. Yu Taniguchi demonstrates that older people who are animal ownership can increase their physical activities, mental health and social relationships while walking with pets (Taniguchi 8). This helps them feel connected with society and decrease the diseases.

Work Cited

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