

Leo Tolstoy, *My Confession* (1882), excerpts

III.

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So another fifteen years passed. In spite of the fact that I now regarded authorship as of no importance - the temptation of immense monetary rewards and applause for my insignificant work - and I devoted myself to it as a means of improving my material position and of stifling in my soul all questions as to the meaning of my own life or life in general.

I wrote: teaching what was for me the only truth, namely, that one should live so as to have the best for oneself and one's family.

So I lived; but five years ago something very strange began to happen to me. At first I experienced moments of perplexity and arrest of life, and though I did not know what to do or how to live; and I felt lost and became dejected. But this passed and I went on living as before. Then these moments of perplexity began to recur oftener and oftener, and always in the same form. They were always expressed by the questions: What is it for? What does it lead to?

At first it seemed to me that these were aimless and irrelevant questions. I thought that it was all well known, and that if I should ever wish to deal with the solution it would not cost me much effort; just at present I had no time for it, but when I wanted to I should be able to find the answer. The questions however began to repeat themselves frequently, and to demand replies more and more insistently; and like drops of ink always falling on one place they ran together into one black blot.

Then occurred what happens to everyone sickening with a mortal internal disease. At first trivial signs of indisposition appear to which the sick man pays no attention; then these signs reappear more and more often and merge into one uninterrupted period of suffering. The suffering increases, and before the sick man can look round, what he took for a mere indisposition has already become more important to him than anything else in the world - it is death!

That is what happened to me. I understood that it was no casual indisposition but something very important, and that if these questions constantly repeated themselves they would have to be answered. And I tried to answer them. The questions seemed such stupid, simple, childish ones; but as soon as I touched them and tried to solve them I at once became convinced, first, that they are not childish and stupid but the most important and profound of life's questions; and secondly that, occupying myself with my Samara estate, the education of my son, or the writing of a book, I had to know *\*why\** I was doing it. As long as I did not know why, I could do nothing and could not live. Amid the thoughts of estate management which greatly occupied me at that time, the question would suddenly occur: "Well, you will have 6,000 desyatinas [Footnote: The desyatina is about 2.75 acres.-A.M.] of land in Samara Government and 300 horses, and what then?" ... And I was quite disconcerted and did not know what to think. Or when considering plans for the education of my children, I would say to myself: "What for?" Or when considering how the peasants might become prosperous, I would suddenly say to myself: "But what does it

matter to me?" Or when thinking of the fame my works would bring me, I would say to myself, "Very well; you will be more famous than Gogol or Pushkin or Shakespeare or Moliere, or than all the writers in the world - and what of it?" And I could find no reply at all. The questions would not wait, they had to be answered at once, and if I did not answer them it was impossible to live. But there was no answer.

I felt that what I had been standing on had collapsed and that I had nothing left under my feet. What I had lived on no longer existed, and there was nothing left.

#### IV.

My life came to a standstill. I could breathe, eat, drink, and sleep, and I could not help doing these things; but there was no life, for there were no wishes the fulfillment of which I could consider reasonable. If I desired anything, I knew in advance that whether I satisfied my desire or not, nothing would come of it. Had a fairy come and offered to fulfill my desires I should not have known what to ask. If in moments of intoxication I felt something which, though not a wish, was a habit left by former wishes, in sober moments I knew this to be a delusion and that there was really nothing to wish for. I could not even wish to know the truth, for I guessed of what it consisted. The truth was that life is meaningless. I had as it were lived, lived, and walked, walked, till I had come to a precipice and saw clearly that there was nothing ahead of me but destruction. It was impossible to stop, impossible to go back, and impossible to close my eyes or avoid seeing that there was nothing ahead but suffering and real death - complete annihilation.

It had come to this, that I, a healthy, fortunate man, felt I could no longer live: some irresistible power impelled me to rid myself one way or other of life. I cannot say I \*wished\* to kill myself. The power which drew me away from life was stronger, fuller, and more widespread than any mere wish. It was a force similar to the former striving to live, only in a contrary direction. All my strength drew me away from life. The thought of self-destruction now came to me as naturally as thoughts of how to improve my life had come formerly. and it was seductive that I had to be cunning with myself lest I should carry it out too hastily. I did not wish to hurry, because I wanted to use all efforts to disentangle the matter. "If I cannot unravel matters, there will always be time." and it was then that I, a man favoured by fortune, hid a cord from myself lest I should hang myself from the crosspiece of the partition in my room where I undressed alone every evening, and I ceased to go out shooting with a gun lest I should be tempted by so easy a way of ending my life. I did not myself know what I wanted: I feared life, desired to escape from it, yet still hoped something of it.

And all this befell me at a time when all around me I had what is considered complete good fortune. I was not yet fifty; I had a good wife who loved me and whom I loved, good children, and a large estate which without much effort on my part improved and increased. I was respected by my relations and acquaintances more than at any previous time. I was praised by others and without much self-deception could consider that my name was famous. And far from being insane or mentally diseased, I enjoyed on the contrary a strength of mind and body such as I have seldom met with among men of my kind; physically I could keep up with the peasants at mowing, and mentally I could work for eight and ten hours at a stretch without experiencing any

ill results from such exertion. And in this situation I came to this - that I could not live, and, fearing death, had to employ cunning with myself to avoid taking my own life.

My mental condition presented itself to me in this way: my life is a stupid and spiteful joke someone has played on me. Though I did not acknowledge a "someone" who created me, yet such a presentation - that someone had played an evil and stupid joke on my by placing me in the world - was the form of expression that suggested itself most naturally to me.

Involuntarily it appeared to me that there, somewhere, was someone who amused himself by watching how I lived for thirty or forty years: learning, developing, maturing in body and mind, and how, having with matured mental powers reached the summit of life from which it all lay before me, I stood on that summit - like an arch-fool - seeing clearly that there is nothing in life, and that there has been and will be nothing. And \*he\* was amused. ...

But whether that "someone" laughing at me existed or not, I was none the better off. I could give no reasonable meaning to any single action or to my whole life. I was only surprised that I could have avoided understanding this from the very beginning - it has been so long known to all. Today or tomorrow sickness and death will come (they had come already) to those I love or to me; nothing will remain but stench and worms. Sooner or later my affairs, whatever they may be, will be forgotten, and I shall not exist. Then why go on making any effort? ... How can man fail to see this? And how go on living? That is what is surprising! One can only live while one is intoxicated with life; as soon as one is sober it is impossible not to see that it is all a mere fraud and a stupid fraud! That is precisely what it is: there is nothing either amusing or witty about it, it is simply cruel and stupid.

There is an Eastern fable, told long ago, of a traveller overtaken on a plain by an enraged beast. Escaping from the beast he gets into a dry well, but sees at the bottom of the well a dragon that has opened its jaws to swallow him. And the unfortunate man, not daring to climb out lest he should be destroyed by the enraged beast, and not daring to leap to the bottom of the well lest he should be eaten by the dragon, seizes a twig growing in a crack in the well and clings to it. His hands are growing weaker and he feels he will soon have to resign himself to the destruction that awaits him above or below, but still he clings on. Then he sees that two mice, a black one and a white one, go regularly round and round the stem of the twig to which he is clinging and gnaw at it. And soon the twig itself will snap and he will fall into the dragon's jaws. The traveller sees this and knows that he will inevitably perish; but while still hanging he looks around, sees some drops of honey on the leaves of the twig, reaches them with his tongue and licks them. So I too clung to the twig of life, knowing that the dragon of death was inevitably awaiting me, ready to tear me to pieces; and I could not understand why I had fallen into such torment. I tried to lick the honey which formerly consoled me, but the honey no longer gave me pleasure, and the white and black mice of day and night gnawed at the branch by which I hung. I saw the dragon clearly and the honey no longer tasted sweet. I only saw the unescapable dragon and the mice, and I could not tear my gaze from them. and this is not a fable but the real unanswerable truth intelligible to all.

The deception of the joys of life which formerly allayed my terror of the dragon now no longer deceived me. No matter how often I may be told, "You cannot understand the meaning of life so

do not think about it, but live," I can no longer do it: I have already done it too long. I cannot now help seeing day and night going round and bringing me to death. That is all I see, for that alone is true. All else is false.

The two drops of honey which diverted my eyes from the cruel truth longer than the rest: my love of family, and of writing - art as I called it - were no longer sweet to me.

"Family" ...said I to myself. But my family - wife and children - are also human. They are placed just as I am: they must either live in a lie or see the terrible truth. Why should they live? Why should I love them, guard them, bring them up, or watch them? That they may come to the despair that I feel, or else be stupid? Loving them, I cannot hide the truth from them: each step in knowledge leads them to the truth. And the truth is death.

"Art, poetry?" ...Under the influence of success and the praise of men, I had long assured myself that this was a thing one could do though death was drawing near - death which destroys all things, including my work and its remembrance; but soon I saw that that too was a fraud. It was plain to me that art is an adornment of life, an allurement to life. But life had lost its attraction for me, so how could I attract others? As long as I was not living my own life but was borne on the waves of some other life - as long as I believed that life had a meaning, though one I could not express - the reflection of life in poetry and art of all kinds afforded me pleasure: it was pleasant to look at life in the mirror of art. But when I began to seek the meaning of life and felt the necessity of living my own life, that mirror became for me unnecessary, superfluous, ridiculous, or painful. I could no longer soothe myself with what I now saw in the mirror, namely, that my position was stupid and desperate. It was all very well to enjoy the sight when in the depth of my soul I believed that my life had a meaning. Then the play of lights - comic, tragic, touching, beautiful, and terrible - in life amused me. No sweetness of honey could be sweet to me when I saw the dragon and saw the mice gnawing away my support.

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Nor was that all. Had I simply understood that life had no meaning I could have borne it quietly, knowing that that was my lot. But I could not satisfy myself with that. Had I been like a man living in a wood from which he knows there is no exit, I could have lived; but I was like one lost in a wood who, horrified at having lost his way, rushes about wishing to find the road. He knows that each step he takes confuses him more and more, but still he cannot help rushing about.

It was indeed terrible. And to rid myself of the terror I wished to kill myself. I experienced terror at what awaited me - knew that that terror was even worse than the position I was in, but still I could not patiently await the end. However convincing the argument might be that in any case some vessel in my heart would give way, or something would burst and all would be over, I could not patiently await that end. The horror of darkness was too great, and I wished to free myself from it as quickly as possible by noose or bullet. that was the feeling which drew me most strongly towards suicide.

V.

"But perhaps I have overlooked something, or misunderstood something?" said to myself several times. "It cannot be that this condition of despair is natural to man!" And I sought for an explanation of these problems in all the branches of knowledge acquired by men. I sought painfully and long, not from idle curiosity or listlessly, but painfully and persistently day and night - sought as a perishing man seeks for safety - and I found nothing.

I sought in all the sciences, but far from finding what I wanted, became convinced that all who like myself had sought in knowledge for the meaning of life had found nothing. And not only had they found nothing, but they had plainly acknowledged that the very thing which made me despair - namely the senselessness of life - is the one indubitable thing man can know.

I sought everywhere; and thanks to a life spent in learning, and thanks also to my relations with the scholarly world, I had access to scientists and scholars in all branches of knowledge, and they readily showed me all their knowledge, not only in books but also in conversation, so that I had at my disposal all that science has to say on this question of life.

I was long unable to believe that it gives no other reply to life's questions than that which it actually does give. It long seemed to me, when I saw the important and serious air with which science announces its conclusions which have nothing in common with the real questions of human life, that there was something I had not understood. I long was timid before science, and it seemed to me that the lack of conformity between the answers and my questions arose not by the fault of science but from my ignorance, but the matter was for me not a game or an amusement but one of life and death, and I was involuntarily brought to the conviction that my questions were the only legitimate ones, forming the basis of all knowledge, and that I with my questions was not to blame, but science if it pretends to reply to those questions.

My question - that which at the age of fifty brought me to the verge of suicide - was the simplest of questions, lying in the soul of every man from the foolish child to the wisest elder: it was a question without an answer to which one cannot live, as I had found by experience. It was: "What will come of what I am doing today or shall do tomorrow? What will come of my whole life?"

Differently expressed, the question is: "Why should I live, why wish for anything, or do anything?" It can also be expressed thus: "Is there any meaning in my life that the inevitable death awaiting me does not destroy?"

To this one question, variously expressed, I sought an answer in science. And I found that in relation to that question all human knowledge is divided as it were into two opposite hemispheres at the ends of which are two poles: the one a negative and the other a positive; but that neither at the one nor the other pole is there an answer to life's questions.

The one series of sciences seems not to recognize the question, but replies clearly and exactly to its own independent questions: that is the series of experimental sciences, and at the extreme end

of it stands mathematics. The other series of sciences recognizes the question, but does not answer it; that is the series of abstract sciences, and at the extreme end of it stands metaphysics.

In general the relation of the experimental sciences to life's question may be expressed thus:  
Question: "Why do I live?" Answer: "In infinite space, in infinite time, infinitely small particles change their forms in infinite complexity, and when you have understood the laws of those mutations of form you will understand why you live on the earth."

Experimental science only then gives positive knowledge and displays the greatness of the human mind when it does not introduce into its investigations the question of an ultimate cause. And, on the contrary, abstract science is only then science and displays the greatness of the human mind when it puts quite aside questions relating to the consequential causes of phenomena and regards man solely in relation to an ultimate cause. Such in this realm of science - forming the pole of the sphere - is metaphysics or philosophy. That science states the question clearly: "What am I, and what is the universe? And why do I exist, and why does the universe exist?" And since it has existed it has always replied in the same way. Whether the philosopher calls the essence of life existing within me, and in all that exists, by the name of "idea", or "substance", or "spirit", or "will", he says one and the same thing: that this essence exists and that I am of that same essence; but why it is he does not know, and does not say, if he is an exact thinker. I ask: "Why should this essence exist? What results from the fact that it is and will be?" ... And philosophy not merely does not reply, but is itself only asking that question. And if it is real philosophy all its labour lies merely in trying to put that question clearly. And if it keeps firmly to its task it cannot reply to the question otherwise than thus: "What am I, and what is the universe?" "All and nothing"; and to the question "Why?" by "I do not know".

So that however I may turn these replies of philosophy, I can never obtain anything like an answer - and not because, as in the clear experimental sphere, the reply does not relate to my question, but because here, though all the mental work is directed just to my question, there is no answer, but instead of an answer one gets the same question, only in a complex form.

## VIII

All these doubts, which I am now able to express more or less systematically, I could not then have expressed. I then only felt that however logically inevitable were my conclusions concerning the vanity of life, confirmed as they were by the greatest thinkers, there was something not right about them. Whether it was in the reasoning itself or in the statement of the question I did not know - I only felt that the conclusion was rationally convincing, but that that was insufficient. All these conclusions could not so convince me as to make me do what followed from my reasoning, that is to say, kill myself. And I should have told an untruth had I, without killing myself, said that reason had brought me to the point I had reached. Reason

worked, but something else was also working which I can only call a consciousness of life. A force was working which compelled me to turn my attention to this and not to that; and it was this force which extricated me from my desperate situation and turned my mind in quite another direction. This force compelled me to turn my attention to the fact that I and a few hundred similar people are not the whole of mankind, and that I did not yet know the life of mankind.

Looking at the narrow circle of my equals, I saw only people who had not understood the question, or who had understood it and drowned it in life's intoxication, or had understood it and ended their lives, or had understood it and yet from weakness were living out their desperate life. And I saw no others. It seemed to me that that narrow circle of rich, learned, and leisured people to which I belonged formed the whole of humanity, and that those milliards of others who have lived and are living were cattle of some sort - not real people.

Strange, incredibly incomprehensible as it now seems to me that I could, while reasoning about life, overlook the whole life of mankind that surrounded me on all sides; that I could to such a degree blunder so absurdly as to think that my life, and Solomon's and Schopenhauer's, is the real, normal life, and that the life of the milliards is a circumstance undeserving of attention - strange as this now is to me, I see that so it was. In the delusion of my pride of intellect it seemed to me so indubitable that I and Solomon and Schopenhauer had stated the question so truly and exactly that nothing else was possible - so indubitable did it seem that all those milliards consisted of men who had not yet arrived at an apprehension of all the profundity of the question - that I sought for the meaning of my life without it once occurring to me to ask: "But what meaning is and has been given to their lives by all the milliards of common folk who live and have lived in the world?"

I long lived in this state of lunacy, which, in fact if not in words, is particularly characteristic of us very liberal and learned people. But thanks either to the strange physical affection I have for the real labouring people, which compelled me to understand them and to see that they are not so stupid as we suppose, or thanks to the sincerity of my conviction that I could know nothing beyond the fact that the best I could do was to hang myself, at any rate I instinctively felt that if I wished to live and understand the meaning of life, I must seek this meaning not among those who have lost it and wish to kill themselves, but among those milliards of the past and the present who make life and who support the burden of their own lives and of ours also. And I considered the enormous masses of those simple, unlearned, and poor people who have lived and are living and I saw something quite different. I saw that, with rare exceptions, all those milliards who have lived and are living do not fit into my divisions, and that I could not class them as not understanding the question, for they themselves state it and reply to it with extraordinary clearness. Nor could I consider them epicureans, for their life consists more of privations and sufferings than of enjoyments. Still less could I consider them as irrationally dragging on a meaningless existence, for every act of their life, as well as death itself, is explained by them. To kill themselves they consider the greatest evil. It appeared that all mankind had a knowledge, unacknowledged and despised by me, of the meaning of life. It appeared that reasonable knowledge does not give the meaning of life, but excludes life: while the meaning attributed to life by milliards of people, by all humanity, rests on some despised pseudo-knowledge.

Rational knowledge presented by the learned and wise, denies the meaning of life, but the enormous masses of men, the whole of mankind receive that meaning in irrational knowledge. And that irrational knowledge is faith, that very thing which I could not but reject. It is God, One in Three; the creation in six days; the devils and angels, and all the rest that I cannot accept as long as I retain my reason.

My position was terrible. I knew I could find nothing along the path of reasonable knowledge except a denial of life; and there - in faith - was nothing but a denial of reason, which was yet more impossible for me than a denial of life. From rational knowledge it appeared that life is an evil, people know this and it is in their power to end life; yet they lived and still live, and I myself live, though I have long known that life is senseless and an evil. By faith it appears that in order to understand the meaning of life I must renounce my reason, the very thing for which alone a meaning is required.

X.

I understood this, but it made matters no better for me. I was now ready to accept any faith if only it did not demand of me a direct denial of reason - which would be a falsehood. And I studied Buddhism and Mohammedanism from books, and most of all I studied Christianity both from books and from the people around me.

Naturally I first of all turned to the orthodox of my circle, to people who were learned: to Church theologians, monks, to theologians of the newest shade, and even to Evangelicals who profess salvation by belief in the Redemption. And I seized on these believers and questioned them as to their beliefs and their understanding of the meaning of life.

But though I made all possible concessions, and avoided all disputes, I could not accept the faith of these people. I saw that what they gave out as their faith did not explain the meaning of life but obscured it, and that they themselves affirm their belief not to answer that question of life which brought me to faith, but for some other aims alien to me.

I remember the painful feeling of fear of being thrown back into my former state of despair, after the hope I often and often experienced in my intercourse with these people.

The more fully they explained to me their doctrines, the more clearly did I perceive their error and realized that my hope of finding in their belief an explanation of the meaning of life was vain.

It was not that in their doctrines they mixed many unnecessary and unreasonable things with the Christian truths that had always been near to me: that was not what repelled me. I was repelled by the fact that these people's lives were like my own, with only this difference - that such a life did not correspond to the principles they expounded in their teachings. I clearly felt that they deceived themselves and that they, like myself found no other meaning in life than to live while life lasts, taking all one's hands can seize. I saw this because if they had had a meaning which destroyed the fear of loss, suffering, and death, they would not have feared these things. But they, these believers of our circle, just like myself, living in sufficiency and superfluity, tried to



increase or preserve them, feared privations, suffering, and death, and just like myself and all of us unbelievers, lived to satisfy their desires, and lived just as badly, if not worse, than the unbelievers.

No arguments could convince me of the truth of their faith. Only deeds which showed that they saw a meaning in life making what was so dreadful to me - poverty, sickness, and death - not dreadful to them, could convince me. And such deeds I did not see among the various believers in our circle. On the contrary, I saw such deeds done [Footnote: this passage is noteworthy as being one of the few references made by Tolstoy at this period to the revolutionary or "Back-to-the-People" movement, in which many young men and women were risking and sacrificing home, property, and life itself from motives which had much in common with his own perception that the upper layers of Society are parasitic and prey on the vitals of the people who support them. - A.M.] by people of our circle who were the most unbelieving, but never by our so-called believers.

And I understood that the belief of these people was not the faith I sought, and that their faith is not a real faith but an epicurean consolation in life.

I understood that that faith may perhaps serve, if not for a consolation at least for some distraction for a repentant Solomon on his death-bed, but it cannot serve for the great majority of mankind, who are called on not to amuse themselves while consuming the labour of others but to create life.

For all humanity to be able to live, and continue to live attributing a meaning to life, they, those millions, must have a different, a real, knowledge of faith. Indeed, it was not the fact that we, with Solomon and Schopenhauer, did not kill ourselves that convinced me of the existence of faith, but the fact that those millions of people have lived and are living, and have borne Solomon and us on the current of their lives.

And I began to draw near to the believers among the poor, simple, unlettered folk: pilgrims, monks, sectarians, and peasants. The faith of these common people was the same Christian faith as was professed by the pseudo-believers of our circle. Among them, too, I found a great deal of superstition mixed with the Christian truths; but the difference was that the superstitions of the believers of our circle were quite unnecessary to them and were not in conformity with their lives, being merely a kind of epicurean diversion; but the superstitions of the believers among the labouring masses conformed so with their lives that it was impossible to imagine them to oneself without those superstitions, which were a necessary condition of their life. The whole life of believers in our circle was a contradiction of their faith, but the whole life of the working-folk believers was a confirmation of the meaning of life which their faith gave them. And I began to look well into the life and faith of these people, and the more I considered it the more I became convinced that they have a real faith which is a necessity to them and alone gives their life a meaning and makes it possible for them to live. In contrast with what I had seen in our circle - where life without faith is possible and where hardly one in a thousand acknowledges himself to be a believer - among them there is hardly one unbeliever in a thousand. In contrast with what I had seen in our circle, where the whole of life is passed in idleness, amusement, and dissatisfaction, I saw that the whole life of these people was passed in heavy labour, and that

they were content with life. In contradistinction to the way in which people of our circle oppose fate and complain of it on account of deprivations and sufferings, these people accepted illness and sorrow without any perplexity or opposition, and with a quiet and firm conviction that all is good. In contradistinction to us, who the wiser we are the less we understand the meaning of life, and see some evil irony in the fact that we suffer and die, these folk live and suffer, and they approach death and suffering with tranquillity and in most cases gladly. In contrast to the fact that a tranquil death, a death without horror and despair, is a very rare exception in our circle, a troubled, rebellious, and unhappy death is the rarest exception among the people. and such people, lacking all that for us and for Solomon is the only good of life and yet experiencing the greatest happiness, are a great multitude. I looked more widely around me. I considered the life of the enormous mass of the people in the past and the present. And of such people, understanding the meaning of life and able to live and to die, I saw not two or three, or tens, but hundreds, thousands, and millions. and they all - endlessly different in their manners, minds, education, and position, as they were - all alike, in complete contrast to my ignorance, knew the meaning of life and death, laboured quietly, endured deprivations and sufferings, and lived and died seeing therein not vanity but good.

And I learnt to love these people. The more I came to know their life, the life of those who are living and of others who are dead of whom I read and heard, the more I loved them and the easier it became for me to live. So I went on for about two years, and a change took place in me which had long been preparing and the promise of which had always been in me. It came about that the life of our circle, the rich and learned, not merely became distasteful to me, but lost all meaning in my eyes. All our actions, discussions, science and art, presented itself to me in a new light. I understood that it is all merely self-indulgence, and the to find a meaning in it is impossible; while the life of the whole labouring people, the whole of mankind who produce life, appeared to me in its true significance. I understood that \*that\* is life itself, and that the meaning given to that life is true: and I accepted it.

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## Chapter XII.

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What happened to me was something like this: I was put into a boat (I do not remember when) and pushed off from an unknown shore, shown the direction of the opposite shore, had oars put into my unpractised hands, and was left alone. I rowed as best I could and moved forward; but the further I advanced towards the middle of the stream the more rapid grew the current bearing me away from my goal and the more frequently did I encounter others, like myself, borne away by the stream. There were a few rowers who continued to row, there were others who had abandoned their oars; there were large boats and immense vessels full of people. Some struggled against the current, others yielded to it. And the further I went the more, seeing the progress down the current of all those who were adrift, I forgot the direction given me. In the very centre of the stream, amid the crowd of boats and vessels which were being borne down stream, I quite lost my direction and abandoned my oars. Around me on all sides, with mirth and rejoicing, people with sails and oars were borne down the stream, assuring me and each other that no other

direction was possible. And I believed them and floated with them. And I was carried far; so far that I heard the roar of the rapids in which I must be shattered, and I saw boats shattered in them. And I recollected myself. I was long unable to understand what had happened to me. I saw before me nothing but destruction, towards which I was rushing and which I feared. I saw no safety anywhere and did not know what to do; but, looking back, I perceived innumerable boats which unceasingly and strenuously pushed across the stream, and I remembered about the shore, the oars, and the direction, and began to pull back upwards against the stream and towards the shore.

That shore was God; that direction was tradition; the oars were the freedom given me to pull for the shore and unite with God. And so the force of life was renewed in me and I again began to live.