

## Information Sheet

### Requirements

**Word length needed:** 800-1000 words ... this is the minimum and maximum allowed, you will lose the ability to earn full marks if you go over or under these limits by even one word!

NOTE: THE 10% RULE DOES NOT APPLY HERE.

Word count is calculated by selecting the first word of your answer through to the last word of the body of your answer and using Microsoft Word count facility. **All in-text references count towards the word limit**, as does everything inside brackets or in tables/figures etc.

Focus question title and the reference list, do not count.

**References required:** You are required to use a **minimum of three** references – one can be a textbook (Chance or a similar) the other **two must be peer-reviewed journal articles**. Using less than three, appropriate, references will result in an inability to earn full marks (see rubric below). Ensure you reference appropriately in-text and include a reference list.

Take care with the sources you select – First year textbooks, Wikipedia, Ask.com etc, dictionaries and non-academic websites are not appropriate at this level. As for the essay, evaluate the information you present carefully – while you may need to use the occasional old article critically evaluate what is being presented.

**Language/style:** The overall style of your answer needs to be objective and scientific – write in third person and avoid ‘chatty’ or colloquial language. Take care with grammar and sentence/paragraph structure and please do a spell check before submission! **Avoid using direct quotes** – more than one direct quote will result in an inability to earn full marks.

**General format:** Write your response to the focus question as a word document (e.g., .doc, .docx) and upload through the Unit’s moodle page. Please include a Title Page including the Focus Question number (e.g., Focus Question One), your name, the unit, Unit Coordinator’s name and word count. You **must adhere to standard APA format requirements [6th Edition]** for your title page (e.g. running head etc) and response.

## Marking Rubric for Online Posts

Each post will be marked out of 30 which will then be converted to a percentage – a mark of 30/30 equates to 10%  $[(x/30)*10]$

SECTION	MARKS				
	Absent	Poor	Ok	Good	Excellent
<b>Content: 12/30</b>					
Addresses question fully	0	1	2	3	4
Evidence of critical thinking & synthesis of information [i.e., not just quotes or paraphrases]	0	1	2	3	4
Overall argument cohesion	0	1	2	3	4
<b>General Format: 10/30</b>					
Word count within specified limit	0		2		
Three appropriate references	0		2		
Grammar, sentence structure and spelling	0	1	2	3	4
Left hand justify, paragraph indent, double spaced etc	0	1	2		
<b>APA Format: 8/30</b>					
Format of references in-text	0	1	2	3	4
Format of reference list	0	1	2	3	4

### Question

Research indicates the role of reflection to be a principle component of ongoing professional development and eventual expertise. Self-reflection can be a critical component in assisting with incorporating new information.

The focus question this fortnight is a little different, and whilst you will reference information related to your theoretical learnings, a significant component of this response will be your personal self-reflection and therefore not require a reference.

Considering what you have learnt so far this term, on Classical conditioning,

discuss how this information has now helped you to understand either your own behaviour, or the behaviour of someone in your immediate circle. This focus question may result in the use of first person language and will be acceptable – this focus question only.