Prior to beginning work on this discussion, please watch the [Virtual Clinic  (Links to an external site.)Links to an external site.](https://fod.infobase.com/OnDemandEmbed.aspx?Token=47751&aid=18596&Plt=FOD&loid=0&w=640&h=480&ref" \t "_blank) video and review the Guidelines for the Practice of Telepsychology (2013). Be sure to also read Baker and Bufka (2011), “Preparing for the Telehealth World: Navigating Legal, Regulatory, Reimbursement, and Ethical Issues in an Electronic Age,” Harris and Younggren (2011), “Risk Management in the Digital World,” Luxton et al. (2014), “Best Practices for Remote Psychological Assessment Via Telehealth Technologies,” and Gros et al. (2013), “Delivery of Evidence-Based Psychotherapy via Video Telehealth” articles.

In your initial post, provide an evaluation of the efficacy of using telehealth with mild, moderate, and severe mental health disorders. As part of your evaluation, assess the integration of evidence-based practices into the telehealth trend in psychotherapy. Consider the population, specialty, and treatment preferences you identified in the Week One Creating a Specialist Website interactive assignment, and assess the appropriateness of using telephone, text-based, virtual clinics, and/or video telehealth given your client focus, specialty, and treatment preference(s). Analyze ethical and professional issues you might encounter and explain the risks and benefits of using these delivery methods with your identified treatment population.

**Reference Material**

Joint Task Force for the Development of Telepsychology Guidelines for Psychologists. (2013). [Guidelines for the practice of telepsychology](https://ashford.instructure.com/courses/35963/external_tools/retrieve?display=borderless&url=https%3A%2F%2Flibrary.ashford.edu%2FAccount%2FLtiLogin.aspx%3Fcustom_redirectresource%3Dhttps%3A%2F%2Flibrary.ashford.edu%2Fezproxy.aspx%3Furl%3Dhttp%253A%2F%2Fsearch.ebscohost.com%2Flogin.aspx%3Fdirect%3Dtrue%252526AuthType%3Dip%2Ccpid%252526custid%3Ds8856897%252526db%3Dpdh%252526AN%3D2013-42636-001%252526site%3Dehost-live" \o "Guidelines for the practice of telepsychology" \t "_blank). *American Psychologist, 68*(9), 791-800. doi:10.1037/a0035001

* The full-text version of this article can be accessed through the EBSCOhost database in the Ashford University Library. Provisions for rendering psychological services via telecommunication technologies are outlined within these guidelines. This resource is applicable to the discussion this week

Baker, D. C., & Bufka, L. F. (2011). [Preparing for the telehealth world: Navigating legal, regulatory, reimbursement, and ethical issues in an electronic age](https://ashford.instructure.com/courses/35963/external_tools/retrieve?display=borderless&url=https%3A%2F%2Flibrary.ashford.edu%2FAccount%2FLtiLogin.aspx%3Fcustom_redirectresource%3Dhttps%3A%2F%2Flibrary.ashford.edu%2Fezproxy.aspx%3Furl%3Dhttp%253A%2F%2Fsearch.ebscohost.com%2Flogin.aspx%3Fdirect%3Dtrue%252526AuthType%3Dip%2Ccpid%252526custid%3Ds8856897%252526db%3Dpdh%252526AN%3D2011-28096-001%252526site%3Dehost-live" \o "Preparing for the telehealth world: Navigating legal, regulatory, reimbursement, and ethical issues in an electronic age" \t "_blank). *Professional Psychology: Research and Practice, 42*(6), 405-411. doi:10.1037/a0025037

* The full-text version of this article can be accessed through the EBSCOhost database in the Ashford University Library. The authors of this article discuss lack of uniformity between telehealth terminology and the delivery of psychological services across states.  Legal and ethical issues are covered, including HIPAA Privacy and Security Rules, informed consent and third party payers. This resource is applicable to the *The Complexities of E-Therapy* discussion this week.

Harris, E., & Younggren, J. N. (2011). [Risk management in the digital world](https://ashford.instructure.com/courses/35963/external_tools/retrieve?display=borderless&url=https%3A%2F%2Flibrary.ashford.edu%2FAccount%2FLtiLogin.aspx%3Fcustom_redirectresource%3Dhttps%3A%2F%2Flibrary.ashford.edu%2Fezproxy.aspx%3Furl%3Dhttp%253A%2F%2Fsearch.ebscohost.com%2Flogin.aspx%3Fdirect%3Dtrue%252526AuthType%3Dip%2Ccpid%252526custid%3Ds8856897%252526db%3Dpdh%252526AN%3D2011-25153-001%252526site%3Dehost-live" \o "Risk management in the digital world" \t "_blank). *Professional Psychology: Research and Practice, 42*(6), 412-418. doi:10.1037/a0025139

* The full-text version of this article can be accessed through the EBSCOhost database in the Ashford University Library. The authors of this article describe ethical and legal issues encountered by psychologists delivering services remotely. Solutions for regulating interstate psychological practice are also proposed. This resource is applicable to the discussion this week.

Luxton, D. D., Pruitt, L. D., & Osenbach, J. E. (2014). [Best practices for remote psychological assessment via telehealth technologies](https://ashford.instructure.com/courses/35963/external_tools/retrieve?display=borderless&url=https%3A%2F%2Flibrary.ashford.edu%2FAccount%2FLtiLogin.aspx%3Fcustom_redirectresource%3Dhttps%3A%2F%2Flibrary.ashford.edu%2Fezproxy.aspx%3Furl%3Dhttp%253A%2F%2Fsearch.ebscohost.com%2Flogin.aspx%3Fdirect%3Dtrue%252526AuthType%3Dip%2Ccpid%252526custid%3Ds8856897%252526db%3Dpdh%252526AN%3D2014-07843-003%252526site%3Dehost-live" \o "Best practices for remote psychological assessment via telehealth technologies" \t "_blank). *Professional Psychology: Research and Practice, 45*(1), 27-35. doi:10.1037/a0034547

* The full-text version of this article can be accessed through the EBSCOhost database in the Ashford University Library. The authors of this article examine cultural, ethical, and technical issues encountered by psychologists using telehealth based psychological assessment. The reliability and validity of online psychometric data is also explored. This resource is applicable to the discussion this week.

Gros, D. F., Morland, L. A., Greene, C. J., Acierno, R., Strachan, M., Egede, L. E., ... & Frueh, B. C. (2013). [Delivery of evidence-based psychotherapy via video telehealth](https://ashford.instructure.com/courses/35963/external_tools/retrieve?display=borderless&url=https%3A%2F%2Flibrary.ashford.edu%2FAccount%2FLtiLogin.aspx%3Fcustom_redirectresource%3Dhttps%3A%2F%2Flibrary.ashford.edu%2Fezproxy.aspx%3Furl%3Dhttp%253A%2F%2Fsearch.proquest.com%2Fdocview%2F1448981762%3Faccountid%3D32521" \o "Delivery of evidence-based psychotherapy via video telehealth" \t "_blank). *Journal of Psychopathology and Behavioral Assessment, 35*(4), 506. doi:10.1007/s10862-013-9363-4

* The full-text version of this article can be accessed through the ProQuest database in the Ashford University Library. This review evaluates the effectiveness of evidenced based practices via video telehealth in treating depression, eating disorders, and substance related disorders. This resource is applicable to the discussion this week.