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Smoking Cigarettes, (Cause & Effect)

Introduction: everyone knows smoking cigarettes are bad for you, and that tobacco contains nicotine. So why damage yourself and your love ones.

1. The effects of smoking cigarettes
2. Smoking effects your lungs 90% of your body.
3. Smoking affects your health & wealth being.
4. Secondhand smoking
5. Smoking next to friends and family can cause a higher risk to get cancer or any other disease.
6. You can lose some friends who don’t smoke or don’t like being around a person who smokes.
7. Causes of Smoking
8. A lot of people start smoking from stress.
9. I see that a lot of kids start to smoke because of the internet.

Thesis: Smoking cigarettes can really affect you when you get older. It’s just a bad habit and can also affect you behavior.