Building on Strengths: Intergenerational Practice with African American Families

Social Work 140 B

This article informs the audience that a culturally responsive intergenerational practice model for working with African American families has been strength for African American families over time. Needy African American families who receive intergenerational and multigenerational support seem to have a higher resiliency rate.

2019

Angela Kumar

Sacramento State University

11/15/2019

**Building on Strengths: Intergenerational Practice with African American Families**

1. Families that consist of several generations (three or more); has been the source of strength for African American families.
2. Multi-generations offer a sense of security and support to African American families and can be a great source of strength.
3. Being born into African American traditions and acclimating to tough environments, multi-generational families have well-preserved the inequality and the oppression that they experienced over the span of forty years of slavery, years of “Jim Crow,” and decades of segregation, marginalization, intentional and unintentional racism.
4. Through it all, African Americans have been able to leave a footprint in time that showcases intergenerational kinship, resiliency, spirituality and hope to those in the past, present and future.
5. Multigenerational families and intergenerational kinships have played a major role in conserving and strengthening African American families.