**Yesenia Llera Post to week one Intro**

My Name is Yesenia Llera, but feel free to call me Yess. I currently reside in Miami, FL with my 3 sons (13, 11 & 7) and my husband. We are all die-hard NE Patriots fans. I earned my Associates and Bachelor’s in Military Studies from Ashford and now I am working on my Master’s in Psychology here as well.

I work at Florida National University as an Academic Advisor and I absolutely love it, even though this job has nothing to do with the path I want my career to go in.  My goal is to work for a VA (Veteran's Affair) and help military members through their transition in order to help them adapt in the civilian world. I see it as my way of giving back to those who have sacrificed so much for our freedom and country. According to the APA’s *Pursuing a Career in Counseling Psychology,*(2015) psychologists in this subfield “work in community mental health centers, VA hospitals and other medical facilities, health maintenance organizations, rehabilitation agencies, and business and industrial organizations” (para 2). With that being said, I would be more interested in the counseling subfield of psychology over the clinical.

The seven questions I would ask someone in that current profession would be:

1. What route is recommended for me to take after obtaining my master’s degree in order to become a Military Psychologist?
2. What licenses do you recommend I obtain that will help me get hired by the VA and be most beneficial when working with veterans?
3. What aspects of counseling psychology do you dislike the most?
4. What are the biggest challenges you have faced as a therapist working in the VA?
5. Do you feel restricted (time, budget, office hours) working for the VA? If so how and why?
6. What type of experience have you gained working with the VA and veterans?
7. How do you handle the loss of a patient? (suicide, overdose, etc.)

**References:**

American Psychological Association. (2015). [Pursuing a career in counseling psychology (Links to an external site.)Links to an external site.](http://www.apa.org/action/science/counseling/education-training.aspx)*.* Retrieved from [http://www.apa.org/action/science/counseling/education-training.aspxLinks to an external site.](http://www.apa.org/action/science/counseling/education-training.aspx)